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Meeting Minutes

Iowa Commission on Aging

Thursday, June 6th, 2019 10:00 a.m.

Iowa Department on Aging Office

510 E 12th St., Ste. 2, Des Moines, IA 50319

Dial In: 1-877-369-0926 Meeting ID: 965-043-979

Welcome and Call to Order

The Iowa Commission on Aging convened a regular meeting. Chairman Jenkins called the meeting to order at 10:01 a.m.

Roll Call

Members Present

G. Willard Jenkins
Cheryl Arnold, Conference Call
Carole Dunkin, Conference Call
Rich Motz, Conference Call
Steve Van Oort
*Representative Ann Meyer
*Senator Mark Segebart, Conference Call
*Senator Amanda Ragan, Conference Call
*Representative Mary Gaskill, Conference Call

*Non-voting, Ex-officio members

Members Absent

Quentin Hart
Suzanne Heckenlaible

Others present:

Iowa Department on Aging (IDA) Director Linda Miller, Brian Majeski, Angela Van Pelt, Dax Oberreuter, Cynthia Pederson, Pam Mollenhauer, Shan Sasser, Caroline Barrett-AG's Office, Sandra Hurtado-Peters - Dept. of Management, Patty Funaro- LSA, Becky Passman- Milestones AAA, Jill Sindt- Heritage AAA, Greg Zars- NEI3A, Joel Olah- Aging Resources AAA

Conference call:

Kelly Butts-Elston- Connections AAA, Bob Welsh- OIL

Approve Agenda and Minutes

Jenkins made a motion to approve the agenda as presented, Van Oort moved, Arnold second, motion carried unanimously. Jenkins made a motion to approve the minutes of the March 7th & April 1st meetings as written, Arnold moved, second Dunkin, motion carried unanimously.

Director's Report

Director Miller

IDA has brought together an Elder Abuse Work Group of stakeholders that will convene and provide recommendations for elder abuse prevention in Iowa. Part of the discussion will include looking into financial exploitation of seniors. The work group will meet over the summer. The next pilot for the Return to Community project will start in Spencer on July 1. The pilot in Pottawattamie and surrounding counties continues to perform well.

Heritage Area Plan Presentation and Approval

Jill Sindt, Heritage Co-Director

Shan Sasser of IDA provided a brief synopsis of the new Heritage area plan to go into effect on July 1. Jill Sindt then provided a summary of the transition from Kirkwood to the new Heritage AAA. Highlights of the area plan include partnering with HyVee Food Stores for nutrition counseling. The AAA has heightened their congregate meal program in innovative ways with Encore café. Heritage also has a partnership with the University of Iowa for options counseling, working with Alzheimer patients. Part of their area plan highlights outreach to rural counties.

After the presentation, Jenkins made a motion to approve the FY20-21 Heritage Area Plan. Van Oort moved and Moats second. A roll call vote was taken and the Heritage Area Plan was approved 5-0.

AAA Area Plan Updates

The remaining AAAs presented updates to the commission on their existing area plans. Shan Sasser provided a brief synopsis for each update. Greg Zars of NEI3A noted the AAA's rebranding effort and natural disaster recovery. Challenges to the AAA include meal sites and improving Information & Assistance services. One focus is helping consumer's finances stay intact as they age. Joel Olah of Aging Resources AAA noted they lost 53% of staff since managed care started in Iowa, leading to more cross training of internal teams. The AAA received an award in elder abuse prevention and have modernized their congregate meals using food pantries and meal sites. Becky Passman of Milestones AAA noted they are making concentrated efforts to fix gaps in rural services, having EAPA presentations in 14/17 counties and growing, as well as a focus on mental health. New strategies include fraud fighters and budgeting programs and having staff visit each county in the PSA once per month. Kelly Butts-Elston of Connections AAA noted they have increased their number of registered consumers, focusing particularly in the eastern counties in PSA 6. Congregate meals continue to decline and Connections is looking at innovative initiatives such as book clubs and exercise classes to raise attendance.

AAA Directors and Representatives

Legislative Update

Angela Van Pelt noted the Department was pleased with the guardian and conservator bills from this session, as well as a change to the vulnerable elder definition and elder exploitation legislation. Van pelt noted a couple bills that passed including SF210- the CARE Act- which provides caregivers information when a patient is discharged from a hospital. Other bills of interest were HF510, removing cap for the brain waiver and HF323, dealing with dependent adult abuse.

Angela Van Pelt, Legislative Liaison/PIO

Administrative Rules Approval

The Department on Aging proposed technical changes to clean up language in Chapters 1, 2, 4, 6, 8, 10, 22, and 23 of the IDA administrative code. Angela Van Pelt provided a summary of each chapter change. Individual motions to vote on the changes were made by Chairman Jenkins. Chapter 1 moved by Van Oort, second by Dunkin; Chapter 2 moved by Van Oort, second by Moats; Chapter 4 moved by Van Oort, second by Arnold; Chapter 6 moved by Van Oort, second by Dunkin; Chapter 8 moved by Van Oort, second by Arnold; Chapter 10 moved by Dunkin, second by Moats; Chapter 22 moved by Jenkins, second by Van Oort; Chapter 23 moved by Arnold, second by Dunkin. Individual roll call votes were taken for Chapters 1, 2, 4, 6, 8, 10, 22, & 23 and all were approved 5-0.

Angela Van Pelt, Legislative Liaison/PIO

Announcements from the Commission and/or Department Staff

No comments

Next Commission Meeting

The Commission will take place on:

- Thursday, September 12th, 10:00-12:00p

Public Comment

Bob Welsh with the Older Iowans Legislature shared thoughts on elder abuse.

Meeting adjourned at 11:30 a.m.

Commissioner Van Oort moved to adjourn, Jenkins second, and the Commission was adjourned.

Commissioner Jenkins

Linda J. Miller, Director