

## Secret to longevity?

*"Keep yourself busy and happy."*

Something that she enjoyed doing as a child that today's kids would never dream of?

*"Spending the whole day outside."*

### **Nina Fern Milleson**

Fern had a small family. She was a working mother for many years as a secretary. Fern's greatest accomplishment was seeing her children grow. Fern loves to bake and spends time organizing.