

Ruth H.

About her family.

Ruth was born and raised in Iowan and was a twin to her brother Albert. She grew up with 6 other siblings, and her parents were farmers.

Her favorite things to do and secret to her longevity.

Ruth was a painter and created 700 paintings and sketches during her artistic career. Her secret is to have good genes, a healthy diet, stay active and get plenty of sleep.

Her biggest accomplishment or most amazing event is...

Ruth said that her biggest accomplishment was to serve as a guard at a POW camp in Nebraska during WWII. She was a member of the Army women's auxiliary.